



# Glen Innes West Infants School

Term 3 Week 4

Thursday 11<sup>th</sup> August

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Glen Innes NSW 2370  
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#### **School Office Hours:**

Monday-Thursday  
8.45am-3.00pm

Office closed Friday

**Week  
4**

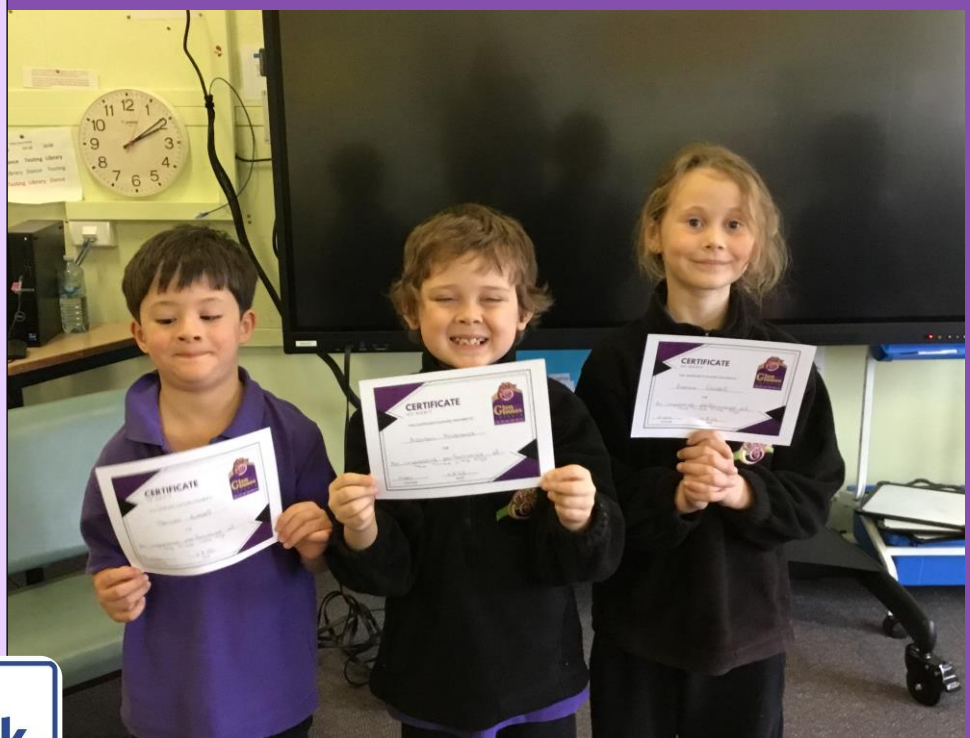
**Library Day  
Friday**

**Last Experience  
Day this Friday  
9am-12pm**

**Free Playgroup on  
Thursday's  
9:30 - 11**

### **Important Notice**

If your child is sick, do not send them to school. Symptoms may include coughing, sniffing, fever and/or feeling unwell. The current medical advice is that children with any of these symptoms should stay at home. Staff must also stay home if they have symptoms.



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## From the Principal's Pen

Welcome to this week's newsletter. Yesterday a second expression of interest for the Anglican Church Fete was sent home. As it stated in the note we have only had a limited number of responses. We need a minimum of 10 children available to perform to make it worthwhile. Please complete and return the note by Friday to assist us with our planning. Thanks for your support and cooperation.

Yesterday Mr Gillett and Rachel sold tickets for our wood raffle down at Woolworths. Thank you to them both for giving up their personal time. We anticipate that the raffle will be drawn soon so please return any outstanding money or tickets by the end of this week. Of course, you are still welcome to purchase more tickets should you wish to.

Recently we have had a number of children coming to school saying they are hungry. Please ensure your child has sufficient to eat before coming to school. While we do have fruit available most days and are happy for children to have this if they are hungry, sometimes towards the end of the week we run out. Having a good breakfast also helps to aid concentration and therefore help children with their learning.

If your child has a runny nose, please ensure that you covid test them each morning before school and ensure that they know how to blow their nose properly. This will help prevent a cold developing into something more serious such as an ear infection. Please also let us know if your child tests positive.

This afternoon in the library Mrs Newsome and Mrs Watters will be giving a presentation on the Smiling Minds program. Please come along and discover what your child is learning at school to assist with their mental health and wellbeing.

Enjoy the sun,

Lynn Starkey

Principal

# Term 3 Calendar

<b>Week 1</b>	Mon 18 <sup>th</sup> July School Development Day	Tue 19 <sup>th</sup> July Students Return	Wed 20 <sup>th</sup> July	Thu 21 <sup>st</sup> July Book Fair Starts	Fri 22 <sup>nd</sup> July
<b>Week 2</b>	Mon 25 <sup>th</sup> July	Tue 26 <sup>th</sup> July Parent Teacher Interviews before and after school today	Wed 27 <sup>th</sup> July Parent Teacher Interviews before and after school today	Thu 28 <sup>th</sup> July Parent Teacher Interviews before and after school today	Fri 29 <sup>th</sup> July School Experience Session for new students
<b>Week 3</b>	Mon 1 <sup>st</sup> August	Tue 2 <sup>nd</sup> Aug Emmaville experience day	Wed 3 <sup>rd</sup> Aug	Thu 4 <sup>th</sup> Aug Bookfair last day	Fri 5 <sup>th</sup> Aug School Experience Session for new students
<b>Week 4</b>	Mon 8 <sup>th</sup> August	Tue 9 <sup>th</sup> August	Wed 10 <sup>th</sup> Aug	Thu 11 <sup>th</sup> Aug 3.15pm Smiling Minds Parent Session Followed by P&C	Fri 12 <sup>th</sup> Aug School Experience Session for new students
<b>Week 5</b>	Mon 15 <sup>th</sup> Aug	Tue 16 <sup>th</sup> Aug	Wed 17 <sup>th</sup> Aug	Thu 18 <sup>th</sup> Aug	Fri 19 <sup>th</sup> Aug
<b>Week 6</b>	Mon 22 <sup>nd</sup> Aug	Tue 23 <sup>rd</sup> Aug	Wed 24 <sup>th</sup> Aug Discovery Voyager UNE	Thu 25 <sup>th</sup> Aug	Fri 26 <sup>th</sup> Aug Transition Day
<b>Week 7</b>	Mon 29 <sup>th</sup> Aug	Tue 30 <sup>th</sup> Aug	Wed 31 <sup>st</sup> Aug	Thu 1 <sup>st</sup> Sept	Fri 2 <sup>nd</sup> Sept Transition Day
<b>Week 8</b>	Mon 5 <sup>th</sup> Sept	Tue 6 <sup>th</sup> Sept Emmaville Transition	Wed 7 <sup>th</sup> Sept	Thu 8 <sup>th</sup> Sept P&C Meeting	Fri 9 <sup>th</sup> Sept Transition Didjbone Performance 10am
<b>Week 9</b>	Mon 12 <sup>th</sup> Sept	Tue 13 <sup>th</sup> Sept	Wed 14 <sup>th</sup> Sept	Thu 15 <sup>th</sup> Sept Naidoc at the Willows	Fri 16 <sup>th</sup> Sept Transition Day
<b>Week 10</b>	Mon 19 <sup>th</sup> Sept	Tue 20 <sup>th</sup> Sept	Wed 21 <sup>st</sup> Sept	Thu 22 <sup>nd</sup> Sept	Fri 23 <sup>rd</sup> Sept Transition Day

## **Parenting Tip of the Week**

Your response when your child breaks the rules depends on their personality, age and relationship with you. Physical punishment or yelling can be effective in certain situations (there's a reason why such responses are innate to human beings) but there is something wrong if you are hitting or screaming at your children repeatedly. Talking about their behaviour or taking away something (such as pocket money or TV time) works provided your child is calm and listening.

## **Attendance Tip of the Week**

Did you know if you child missing 20 minutes per day that equals 1hr 40mins per week which is over 2.5 weeks per year and over 13 years of schooling that's nearly a year

Arriving at school and class on time:

- Ensures that students don't miss out on the important learning activities scheduled early in the day when the students are most alert
- Helps students learning the importance of punctuality and routine
- Gives your child time with friends before class and therefore
- Reduces the opportunity for classroom disruption.



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My child ..... was absent from  
School on .....for the following reason: .....

.....

Signature of Parent/Guardian: ..... Date: .....



## Screen time and physical play

### Movement and play are important for kids development



Choose small screen games and Apps that reduce kids sitting time and encourage physical activity.

- 👣 Choose videos, games or Apps that get your kids moving e.g. dancing, sports, yoga. Join in using the App or game with your kids
- 👣 Plan a walk using a digital map. Take photos of interesting things along the way
- 👣 Video your kids learning a new skill e.g. hopping, a new skateboard trick. Replay the video to track their progress over time
- 👣 Be a role model! Show your kids how to track their physical activity. Talk about how being active is fun & feels great! Show them how far you walked or swam last week!

Source: Screen time & physical activity: kids|Raising Children Network ;<https://raisingchildren.net.au/school-age/play-media-technology/screen-time-healthy-screen-use/screen-time-physical-activity>



# Early Days

## FREE workshops

Delivered by Autism Spectrum  
Australia (Aspect)



A series of **FREE** workshops and webinars for parents and other family members of young children (0 – 6 years) on the autism spectrum or those who have concerns about their child.

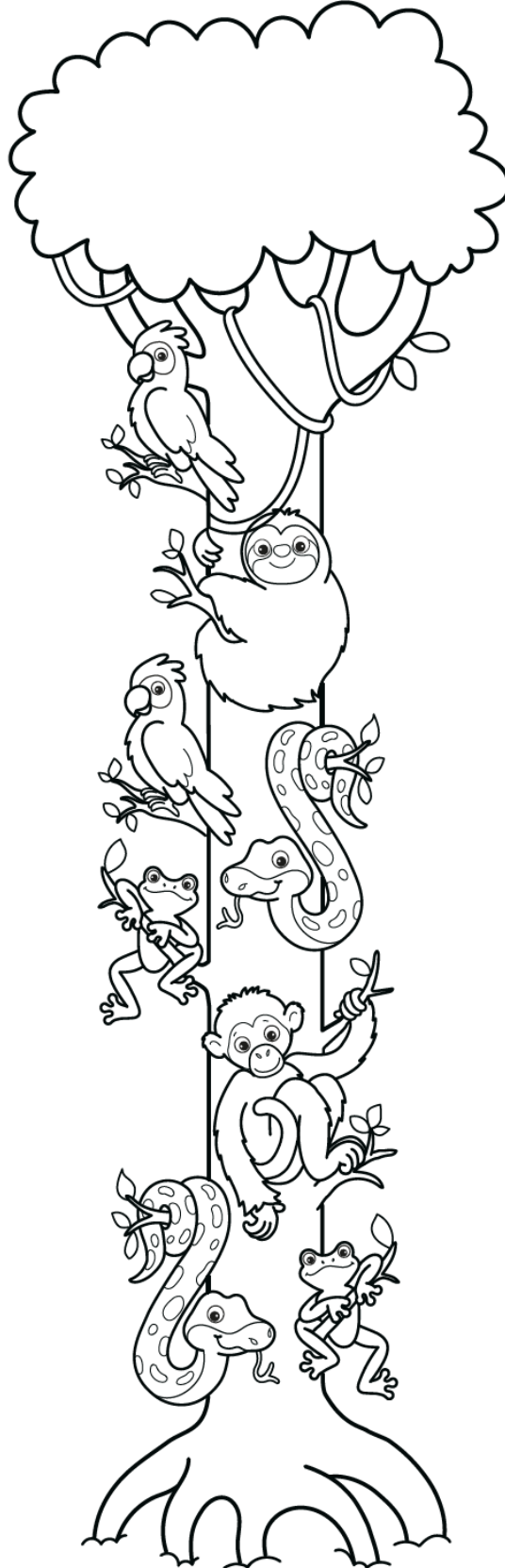
- 2 Aug** Early Childhood Series: 0 - 6 years - Toilet Training
- 2 Aug** Encouraging Interactions through Play & Social Learning
- 3 Aug** Therapy Support: 6 - 15 years - Mealtime Management
- 3 Aug** Early Days - Helping My Child Cope With Change
- 9 Aug** Early Days - Drop in Session
- 12 Aug** Early Days - Developing Independence (Toilet Training)
- 16 Aug** Early Days Progression to School
- 17 Aug** Early Days - Developing My Child's Independence
- 22 Aug** Early Days - My Child & Autism - Part 1 & 2
- 23 Aug** Early Days - Drop in Session
- 25 Aug** Early Days - Helping My Child Cope With Change



# How Many Animals?

Count how many of each animal you can see on these trees. Write your answer next to each animal in the boxes. Have fun colouring in the pictures afterwards!

For more **Fun**,  
look out for...



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# Shape and Pattern

5+

Shapes can be put together to make interesting patterns. Can you colour this pattern using the key below?



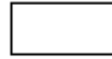
circle = blue



square = red



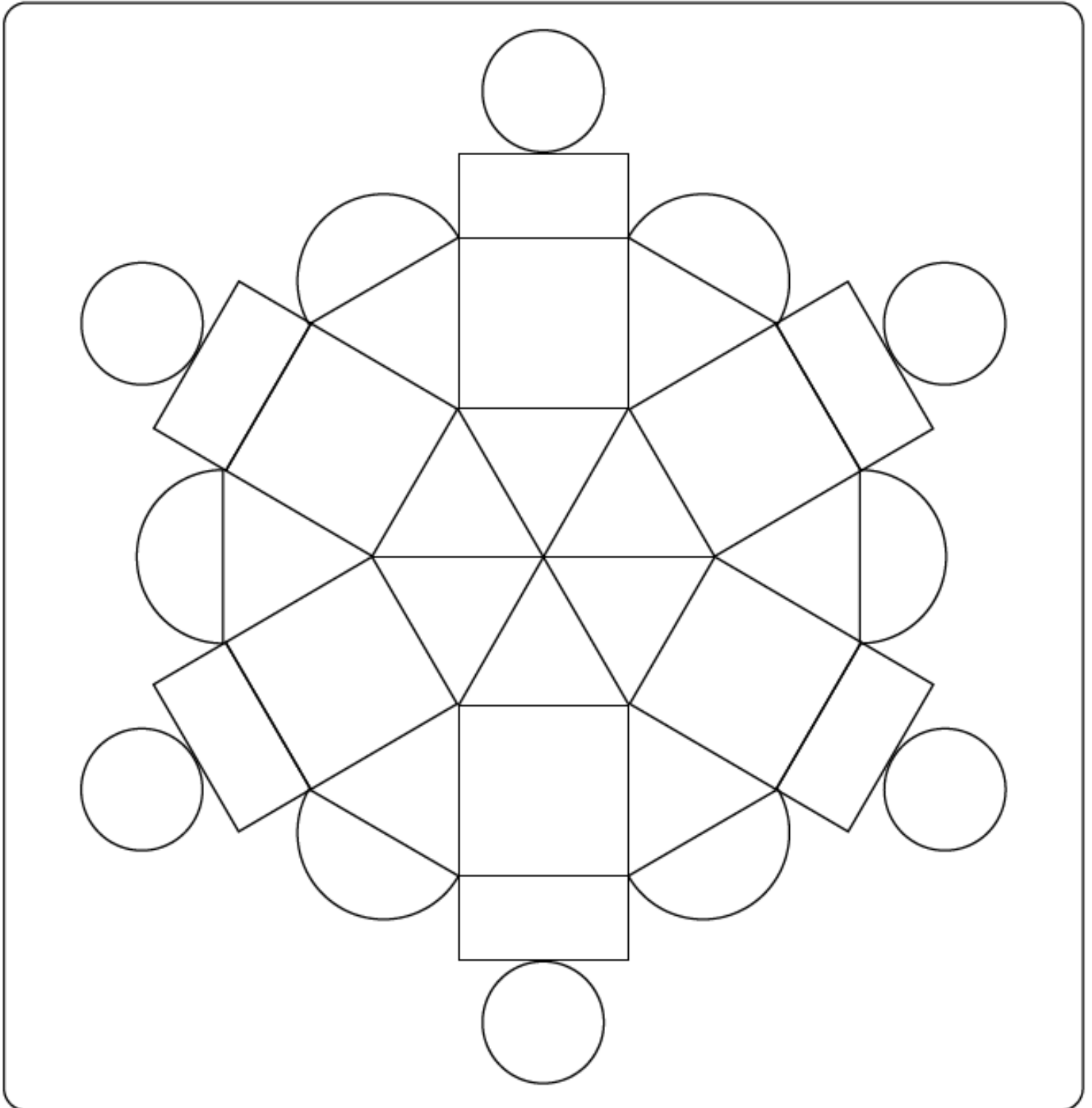
triangle = yellow



rectangle = green



semicircle = purple



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