

Glen Innes West Infants School

Term 1 Week 2

Tuesday 20th Feb

Coronation Avenue

Glen Innes NSW 2370

Telephone: (02) 6732 2459

Email: gleninnesw-p.school@det.nsw.edu.au

School Office Hours:

Monday-Thursday
8.45am-3.00pm

Office closed Friday.

Week 4

Library Day
Friday

**Free Playgroup on
Wednesday's**
9:30 - 11

Important Notice

If your child is sick, do not send them to school. Symptoms may include coughing, sniffing, fever and/or feeling unwell. The current medical advice is that children with any of these symptoms should stay at home. Staff must also stay home if they have symptoms.



Find us on:
facebook®

From the Principals Pen

Welcome Back to School!

Welcome back to Glen Innes West Infants School! We hope you had a fantastic break and are feeling rejuvenated and ready for an exciting new term ahead. As we embark on this journey together, we wanted to extend a warm welcome to all returning students and extend a heartfelt greeting to those who are joining our school community for the first time.

The start of a new semester is always a special time filled with anticipation, new beginnings, and opportunities for growth. Whether you are entering a new grade, joining a new class, or simply returning to familiar surroundings, we are committed to ensuring that this term is both enriching and fulfilling for each and every one of you.

As we navigate the challenges and triumphs that lie ahead, it's important to remember that we are a community united by a shared passion for learning and a commitment to excellence. Together, we will support one another, celebrate our achievements, and overcome any obstacles that may come our way.

We have an exciting lineup of events, activities, and learning opportunities planned for Term 1, including visiting performances, Easter Hat Parade, Cross Country, and our ANZAC Focus Day to name a few. We have also initiated student driven learning activities in afternoon play where students are encouraged to discover the world around them through planned opportunities across all subjects.

As always, our doors are open, and our staff is here to support you in any way we can. If you have any questions, concerns, or ideas you'd like to share, please don't hesitate to reach out.

Here's to a fantastic semester filled with growth, learning, and unforgettable memories. Welcome back, everyone!

Principal

Nic McKean

Weekly Activities for Term 1

Monday	Daily fitness
Tuesday	Daily fitness
Wednesday	Daily fitness Sport Little Possums Playgroup (9:30am to 11am)
Thursday	Daily fitness
Friday	Daily fitness Library Dance Assembly Weekly Green Slip Draw

Term 1 Calendar

Week 1	Mon 29 th Jan	Tue 30 th Jan	Wed 13 st Jan	Thur 1 st Feb First Day Back for year 1 and 2 Best Start	Fri 2 nd Feb Best Start
Week 2	Mon 5 th Feb First Day for Kindergarten	Tue 5 th Feb	Wed 7 th Feb	Thur 8 th Feb	Fri 9 th Feb
Week 3	Mon 12 th Feb Water play week	Tue 13 th Feb	Wed 14 th Feb	Thur 15 th Feb	Fri 16 th Feb
Week 4	Mon 19 th Feb Dress up week	Tue 20 th Feb	Wed 21 st Feb	Thur 22 nd Feb	Fri 23 rd Feb
Week 5	Mon 26 th Feb Bubble play week	Tue 27 th Feb 10am Vision Screening for selected students	We 28 th Feb	Thur 30 th Feb	Fri 1 st Mar
Week 6	Mon 4 th Mar Environmental week	Tue 5 th Mar	Wed 6 th Mar	Thur 7 th Mar	Fri 8 th Mar School Performance "Shekere Beats"
Week 7	Mon 11 th Mar Dragon week	Tue 12 th Mar	Wed 13 th Mar	Thur 14 th Mar	Fri 15 th Mar
Week 8	Mon 18 th Mar Multicultural week	Tue 19 th Mar	Wed 20 th Mar	Thur 21 st Mar Harmony Day	Fri 22 nd Mar Ride safely to school day
Week 9	Mon 25 th Mar Easter week	Tue 26 th Mar	Wed 27 th Mar	Thur 28 th Mar Easter Hat Parade	Fri 29 th Mar Good Friday
Week 10	Mon 1 st April Easter Monday	Tue 2 nd April Sensory play week	Wed 3 rd April Life Education Van	Thur 4 th April	Fri 5 th April Cross Country
Week 11	Mon 8 th April The Aussie café week	Tue 9 th April	Wed 10 th April	Thur 11 th April Anzac Day Service	Fri 12 th April



What did one plate say to the other?

Dinner is on me!



My child

was absent from School on

for the following reason.....

Signature of Parent/Guardian: Date:

Love isn't all you need! in Glen Innes

The Beatles were wrong.

You need much more than love to keep a relationship going

The Seven Principles Program for couples is a workshop based on the internationally acclaimed research of Dr. John Gottman.

What the workshop is not:

- It is **not** therapy
- It is **not** an open sharing of personal problems. We will give you exercises you can do with your partner at home

Is this workshop for us?

Couples that would benefit from this workshop:

- Pre-Engaged
- Pre-Marital
- Everyone from newlyweds to seniors
- Those who wish to enhance a good relationship
- Those needing better conflict management tools

What will we learn in this workshop?

Proven tools to help couples -

- Improve friendship, fondness and

admiration

- Enhance romance and intimacy
- Manage conflict constructively
- Gain skills to address perpetual and solvable problems
- Create shared meaning
- Maintain gains throughout a lifetime - Format includes lectures and private couple exercises

**This course is subject to numbers. Registrations essential.*

COUPLES AND SINGLES BOTH WELCOME

WHEN: Thursday 29th February 2024 - 9.30am to 2.30pm

WHERE: Glen Innes West Infants School Library

37 Coronation Ave, Glen Innes

COST: FREE

Registration essential

Ring the Facilitator, Pedro on

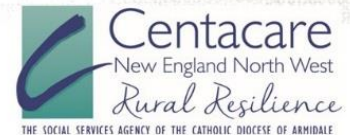
6738 7200



the
Gottman
Seven Principles
Program



An Australian Government Initiative



Glen Innes Physical Culture Club

Classes commence on Wednesday 7th February 2024 at Masonic Lodge 44 hall, 162 Church St Glen Innes

Times as follows:

Tiny Tots; 4-7yrs- 4.15-5.00pm

Teeny Boppers; 8-12yrs- 5.00-5.45pm

Ladies 16yrs & Over: 5.45-6.30pm

Teens 13-15yrs; 6.30-7.15pm

Any Enquiries;

Contact;

Karen Moxey Principal/Teacher 0429344931

Jo Cox Assistant Teacher: 0434874719

Contact Facebook Message;

Lea School of Physical Culture, or Glen Innes Physical Culture Club

Nutrition Snippet

5 TIPS TO TAKE THE PRESSURE OFF PACKING LUNCH BOXES



- 1) Base it on the 5 food groups
- 2) Add colour with fruit and vegetables
- 3) Let your child to help choose some foods
- 4) Save time by packing leftovers
- 5) Save money by stocking up on specials

Read more at: healthylunchbox.com.au/blog/5-tips-to-take-the-pressure-off-packing-a-lunch-box

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

PLANET



DEEPWATER SUPPORTED PLAYGROUP
 Deepwater Public School
 Monday 9:30am - 11:30am

NEW PARENTS GROUP
 ANZAC Park
 Tuesdays 9:30am - 11:30am

EMMAVILLE SUPPORTED PLAYGROUP
 Emmaville Central School
 Wednesdays 9:30am - 11:30am

PEACEFUL KIDS PARENTING PROGRAM
 Tuesday Afternoons
 Times and dates to be advised

INDIVIDUAL SUPPORT AND CASE MANAGEMENT FOR PARENTS AND FAMILIES
 Available Mondays to Wednesdays.
 Contact our office to book an appointment.

Ph: (02) 6739 7700



Uniting Local Area Coordination

Get in the game and make a difference.

Would you like to:

- Be a valued member of a team?
- Be an active part of your local community?
- Make lifelong friends in an inclusive environment?

Consider volunteering with a local sporting group or club!

We can help you make the right connections – just scan the QR code and we'll be in touch to support you.



Find out more
 Yvette Humphrys
 0428 573 819

If you are a representative of a sporting club and would like more information, go to lac.uniting.org/visc



Delivering the NDIS in your community

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What's on in Glen Innes

FOR PARENTS & CHILDREN

MONDAY

Deepwater Playgroup - supported playgroup 9:30am at Deepwater Public School. FREE. Themed term programs and early interventions. Contact Centacare NENW on ph: 02 6739 7700.
Glen Innes Public School Playgroup - 9:30am in the school hall (enter via Cameron's Lane). Bring a hat and water bottle. FREE. Contact Glen Innes Public School on ph: 02 6732 2877.

TUESDAY

Mums, Dads & Bubs - supported parent and baby peer group from pregnancy support onward. FREE. In collaboration with a baby health nurse. Contact Centacare NENW to register on ph: 02 6739 7700.
Community & Family Services Supported Playgroup - 9:30am at The Pool House (185 West Avenue). Bring a hat and drink bottle. FREE. Contact Community & Family Services on ph: 02 6730 2210.
Lego Club - Tuesdays 2:30pm in the Children's Room at the Glen Innes Severn & TAFE Library. FREE. Contact the library on ph: 02 6730 2600.

WEDNESDAY

Story Time - 10:30am at the Glen Innes Severn Public & TAFE Library. Reading, songs and arts & crafts. FREE. Contact the library on ph: 02 6730 2600.
Emmaville Playgroup - supported playgroup 9:30am at Emmaville Central School. Themed term programs and early interventions. FREE. Contact Centacare NENW on ph: 02 6739 7700.
Little Possums Playgroup - Teacher led playgroup, 9:30am at Glen Innes West Infant School. Morning tea provided. FREE. Contact Glen Innes West Infant School on ph: 02 6732 2458.
Gymnastics - 9:15am at King's Gym. Contact the Reachout Toy Library on (02) 6732 3487 - memberships apply.

THURSDAY

Jarjums Aboriginal Playgroup - 10:30am at The Pool House (185 West Avenue). Bring a hat and drink bottle. FREE. Contact Community & Family Services on ph: 02 6730 2210.
Little Joys Playgroup - 9:30am at St Joseph's School. Contact the school on (02) 6732 1372 or (02) 6732 2229.
Scouts - 9:30pm at the Scouts Hall (for all ages). Contact Ian Higgins on 0401 649 902.

FRIDAY


Mini Musos - \$10.00 per week or FREE if you are a member of the Reachout Toy Library.
 9:30am - 10:15am Four (4-4) year olds, independent program for children starting school next year.
 10:20am - 11:00am Twelve (12) months to three (3) years, inclusive.
 11:15am - 11:45am Six (6) weeks to approximately one (1) year. Contact the Reachout Toy Library.

Collated by the Rural Parents Resilience Program team at Centacare NENW
 For any amendments or additions please email b.hill@centacarenenw.com.au


Nutrition Snippet

SNACK SOLUTIONS

Do you always hear 'I'm hungry - I need a snack!' but are stuck for healthy snack ideas?



We've got you covered - download your FREE copy of our healthy snack guide at:
healthylunchbox.com.au/blog/back-to-school-snack-solutions/

healthylunchbox.com.au  **Cancer Council**
 Healthy Lunch Box



Run, Rabbit, Run!

Can you help the rabbit find his way through the maze to the carrots in the centre?





Spot the Difference at the Fairground

See if you can spot the 10 differences between these pictures. Draw a circle around each difference.

